

Swedish University of Agricultural Sciences (SLU), Sweden

Fall and Academic Year 2026-2027

Program Handbook



This program in Sweden is offered by the College of Agricultural and Life Sciences (CALs) at the University of Wisconsin-Madison in partnership with International Academic Programs (IAP) and the Swedish University of Agricultural Sciences (SLU). Students may study at one of three campuses: Alnarp, Uppsala or Umea. This Program Handbook supplements handbook(s) or materials you receive from SLU as well as the general Study Abroad Handbook (available in your MyStudyAbroad portal) and provides you with the most up-to-date information and advice available at the time of printing. Changes may occur before your departure or while you are abroad.

Questions about your program abroad (housing options, facilities abroad, etc.) as well as questions relating to your relationship with your host university or academics (e.g. course credit and equivalents, registration deadlines, etc.) should be directed to your Study Abroad Advisor or to the Mobility Team at SLU (mobilitet@slu.se).

This program handbook contains the following information:

Contact Information.....	2
Emergency Contact Information, U.S. Embassy,	
Program Dates.....	3
The Academic Program	3
Swedish Academic System, Campuses, Exams, Registration, CERs, Credit Load/Conversion,	
Course Selection and Registration	
Preparation Before Leaving.....	6
STEP Registration, Embassy Information, Immigration Documents, Electronics, Identity	
Resources, Travel Guides, Safety	
Living Abroad.....	8
Housing, Transportation, Student Life, Health Insurance, Health and Safety, Communication,	
Handling Money Abroad	
Diversity Climate In-Country	11
Student Testimonials	12

Contact Information

On-Site Program Information

SLU Mobility Team

Swedish University of Agricultural Sciences
Student Administration Unit
Tel. +46 (0)18 67 10 26
mobilitet@slu.se

UW-Madison Information

CALS Study Abroad

University of Wisconsin-Madison
116 Agricultural Hall, 1450 Linden Drive
Madison, WI 53706
Tel: 608-890-4196
Email: studyabroad@cals.wisc.edu
Web: www.studyabroad.wisc.edu

<i>For Program Advising & Grades:</i>	<i>For Financial Matters:</i>
Rebecca Johnson	Alison Bailey
Study Abroad Advisor	IAP Financial Specialist
Phone: (608) 890-0978	E-mail: alison.bailey@wisc.edu
Email: rhjohnson@wisc.edu	

Emergency Contact Information

For questions or general concerns that do not involve the immediate danger or threat to the health or safety of a student, call the main IAP number (608) 265-6329 between 8:00 a.m.-4:30 p.m. Central Time, Monday-Friday. Calls received outside normal operating hours will be returned as soon as possible the next business day.

If an emergency arises while you are abroad after working hours or on weekends, you can reach an on-call member of UW Study Abroad at (608) 516-9440. This number is ONLY for emergencies. Otherwise, please call the main desk.

Program Dates

SLU's academic calendar can be found here: <https://www.slu.se/en/education/application-and-admission/academic-calendar/>. SLU typically has an orientation program before each semester, so please confirm recommended arrival and departure dates with SLU's Mobility Team.

The Academic Program

Swedish University of Agricultural Sciences (SLU)

Sveriges lantbruksuniversitet, or the Swedish University of Agricultural Sciences in English, SLU for short, was formed in 1977 when three university colleges, the College of Agriculture, College of Forestry and College of Veterinary Medicine, joined together. SLU has four broad areas of study, known as faculties:

- Faculty of Landscape Planning, Horticulture and Agricultural Science
- Faculty of Natural Resources and Agricultural Sciences
- Faculty of Veterinary Medicine and Animal Science
- Faculty of Forest Sciences

The university has almost 3,500 full-time students each year. SLU has four main campuses, located in Alnarp in southern Sweden, Skara in south-central Sweden, Uppsala in central Sweden, and Umea in northern Sweden. In addition to these main locations, SLU also carries out teaching and research activities in 25 other locations throughout the country.

"SLU develops the understanding and sustainable use of biological natural resources. This is achieved through research, teaching, environmental monitoring and assessment and information extension."

-SLU Mission Statement

Campuses

SLU's three main campuses are in Alnarp, Skara, Uppsala and Umea, but the university has teaching and research stations located throughout the country. With about 2,000 students, Ultuna campus in Uppsala is SLU's largest campus and offers the most diverse selection of courses. Uppsala is Sweden's fourth largest city and lies in the heart of Sweden, only 45 minutes from Stockholm. Ultuna campus is about six kilometers from Uppsala's city center. Sharing a campus with Umea University in northern Sweden, SLU's Umea campus works with the departments of the Faculty of Forest Science. Our last main campus in southern Sweden, Alnarp, mainly focuses on landscape architecture, horticulture, plant production, agriculture and silviculture. Other SLU campuses include Wangen in northern Sweden, Skinnskatteberg and Stromsholm in the central region, and Flyinge in southern Sweden. What [courses you want to take while abroad](#) will help you determine which campus is best for you. When registering for courses, be sure to choose classes that are all located on the same campus.

Exams

All courses include written and/or oral exams. If a student fails an exam, or for some reason is not able to be present at the examination, there is usually a re-take about three weeks later and at the beginning of the following semester.

Course Selection and Registration

SLU's Mobility Team will share a list of courses that you can take as an exchange student as well as instructions for how to submit your top choices. You will be asked to submit extra class options in case your top choices are full and no longer have available seats.

When choosing courses, you must make sure your courses are not offered during the same period. Since each course is full-time during a shorter timespan, you concentrate on one course at a time; in fact, you are not allowed to take more than one course at a time. Note that the number of credits for a course is not equal to the number of hours per week that the course meets, as it is at UW-Madison, but rather is equal to the number of weeks that the course meets full-time.

You will complete a course registration form directly on SLU's exchange application website listing the courses you would like to take before you leave UW-Madison. You will be formally accepted by the university after you have sent in your registration.

Course Equivalent Requests (CERs) and My Study Abroad

Each course you take abroad must be assigned a UW-Madison "equivalent" course in order for your grades and credits to be recorded on your UW-Madison transcript. In order to establish UW-Madison course equivalents for your study abroad courses, you will submit a Course Equivalent Requests in the "Academic" section of your My Study Abroad account. Detailed information on the UW course equivalent process is available on the [Academics](#) under the "Course and Credits" section.

Course Load, Credits Limits, and Credit Conversion

SLU uses the European Credit Transfer System (ECTS). A full study load for one year is 60 ECTS credits and a full study load for one semester is 30 ECTS credits. Program participants are required to take a minimum of 30 ECTS a semester.

Most students take 15 credits during each period, with exams at the end of the period. Courses at SLU are usually offered for either 5, 7.5, 10, or 15 ECTS Credits.

The credit conversion scale is as follows:

ECTS Credits	UW-Madison Credits
2.5	2
3	2

4	2
5 or 5.5	3
6 or 6.5	3
7 or 7.5	4
8	4
9	5
10	5
12	6
12.5	7
15	8

Pass/Fail/Drop/Audit

Please refer to the Study Abroad Handbook for academic policies at <https://studyabroad.wisc.edu/handbook/handbook-academics/>

Grades and Grade Conversions

The grading conversion scale from SLU to UW Madison is as follows. A grade lower than a 3 is a failing grade.

Grade Reported from SLU	Meaning of Grade	UW-Madison Equivalent
5	Pass with Distinction	A
4	Pass with Credit	AB
3	Pass	B

Transcript

You must order your official transcript from SLU. If an electronic transcript is available, you should have it sent to your Study Abroad Advisor's email or to studyabroad@cals.wisc.edu. If only hard copies are available, the transcript should be mailed to:

c/o CALS Study Abroad
Academic Affairs Office
116 Agricultural Hall
1450 Linden Drive
Madison, WI 53706
USA

Language Courses

The Swedish University of Agricultural Sciences does not offer basic Swedish language courses. If you are interested in studying Swedish, you may apply for a Swedish course for immigrants (SFI) from [Hermods](#) for free, or pay to enroll in a Swedish course at [Folkuniversitetet](#).

Preparation Before Leaving

To prepare to go abroad:

- Read all emails from the SLU Mobility Team and your Study Abroad Advisor
- Refer the resources in the Orientation & Preparation tab of your MyStudyAbroad portal
- Use the **SLU checklist for exchange students**: <https://student.slu.se/en/studies/new-student/check-list/checklist-for-exchange-students/>

Smart Traveler Enrollment Program (STEP) Registration

All program participants who are U.S. citizens must Enroll in the [Smart Traveler Enrollment Program \(STEP\)](#) to receive security messages and make it easier for the U.S. Embassy in Sweden to locate you in an emergency.

If you are not a U.S. citizen, you are advised to register with your home country's embassy or consulate.

U.S. Embassy

Consulate General in Stockholm

American Citizen Services (ACS)

Dag Hammarskjölds Väg 31

SE-115 89 Stockholm, Sweden

In an emergency involving an American citizen in Sweden, you can reach the Embassy during normal business hours and after hours, seven days a week, via the main Embassy telephone number: [+46 \(0\) 8 783 5300](tel:+46087835300) (if dialing from the U.S.: [011 46 \(0\) 8 783 5300](tel:01146087835300)).

Please note that this number is **NOT** for visa inquiries.

Fax: 08-661 19 64

Email: stkacsinfo@state.gov.

U.S. Embassy Homepage: <https://se.usembassy.gov/>

Immigration Documents

Passport

A passport is needed to travel to Sweden and to obtain your student visa. Apply immediately for a passport if you do not already have one. Passport information and application forms can be found on the U.S. State Department website (<http://travel.state.gov/passport>). If you already have your passport, make sure it will be valid for at least 6 months beyond the length of your stay abroad.

Residence Permit

If you are a citizen of a country that is not a member of the European Union, you must have a residence permit sticker attached to your passport before entering Sweden. If you are a citizen of an EU-country, please contact the Consulate General of Sweden.

Information about the documents needed to apply for your residence permit can be found at: <https://www.migrationsverket.se/English/Private-individuals/Studying-and-researching-in-Sweden/Higher-education/Residence-permit-for-higher-education.html>.

The residency permit processing time is approximately two to three months, with longer delays during the summer months because of the large number of applicants. A non-refundable application fee plus return postage for your passport is required. Please check the website for current fees. When you mail your documents, send them via registered mail or a deliver service (i.e.: Federal Express, UPS) to ensure delivery. Make a copy of all of your materials for yourself before you send them.

ETIAS Travel Authorization

Starting in 2024, U.S. citizens will need to get an [ETIAS travel authorization](#) for travel to [30 countries](#) in Europe. While your residence permit will qualify you to enter Sweden, we encourage you to get your ETIAS travel authorization before leaving the U.S. if you are planning on personal travel in these countries. It can take up to 30 days to process your application. If you are not a U.S. citizen check the ETIAS travel authorization web page to determine if ETIAS or another visa is required.

Students Receiving Scholarship and Financial Aid

You may be required to submit a Letter of Scholarship Award specifying amount and duration of award as part of your Residence Permit application, issued by the financial aid office of the student applicant's home institution. To request this letter, you can call the Office of Student Financial Aid and let them know that you need this for your *visa or residence permit application* for study abroad. They are typically able to prepare the letter for you with 1-2 business days.

Electronics

Sweden runs on 220V (volts), 50Hz (cycles) AC and uses the "europlug" with two round pins. If you plan on bringing any appliances from the United States, keep in mind that they will require adapters/converters which you should purchase before departure. In some cases, it may be more convenient and less expensive to purchase appliances in Sweden rather than purchasing the necessary converter/adapters in the United States.

Identity Resources

You are strongly encouraged to review UW Study Abroad's [Identity Resources](#) to learn more about how your identity(ies) may impact your time abroad.

Travel Guides

Learn as much as you can about Sweden before you leave. While the internet has a lot of information, investing in a physical book/travel guide is helpful for providing background information on the Netherlands' history, geography, politics, and culture as well as providing a dependable reference with everything in a single place, especially if you travel without

consistent access to internet. Lonely Planet, Fodor's, Rough Guides, Frommers offer great guides geared towards younger travelers with smaller budgets. Reading novels and listening to podcasts and music by Swedish writers and artists can also provide a glimpse into Swedish history, landscape, and way of life.

Safety

UW-Madison is dedicated to maintaining the personal safety and security for each of our study abroad participants and covers important information in the UW Study Abroad's Health and Safety Canvas course: <https://canvas.wisc.edu/enroll/DEW7DG>. For country-specific information, you can review the "Safety and Security" section of the [U.S. Department of State's page for Sweden](#) and visit <http://internationaltravel.wisc.edu/> for more university resources.

Living Abroad

Housing

SLU guarantees accommodation for exchange. You do not need to apply separately for housing; the Housing Officer will contact you with your housing offer and contract. If you want housing arranged, you indicate that in the online application form and give your housing preference. Typically, rooms are furnished with either a shared or private bathroom, shared or private kitchen/kitchenette, and shared laundry facilities. Utilities are included in the monthly rental fee. While rooms are furnished, you may still need to purchase some items to make your space comfortable for yourself.

Transportation

Students will be responsible for arranging in-country transportation. In Swedish cities, most people travel by bus, bicycle, or on foot. Students can obtain a monthly bus pass from www.ul.se and consider purchasing a used bike. Bicycle rentals and bike shares may also be an option.

Student Life

Joining a [student union](#) is a way for exchange students to become involved on campus and to make friends. In addition to offering academic and social support, each one has a variety of student organizations and committees so that you can plug into campus outside of class.

Health Insurance

You can find health and safety resources and tips [here](#) and in the "Health, Safety, & Insurance" section of your MyStudyAbroad portal. All exchange students will receive health insurance coverage through [Cultural Insurance Services International \(CISI\)](#). The cost of the insurance coverage is included in your program fee. You will be automatically enrolled in CISI shortly after you confirm your participation on the program.

Upon enrollment, CISI will send you an email with instructions on how to log into your [myCISI portal](#), where you will be able to access your CISI insurance card, policy brochure, and other useful travel, health & safety information.

If your enrollment in CISI insurance is complete, you should have received an email with instructions on how to log in to your [myCISI portal](#). If you have not received an enrollment email, check your junk folder and add CISI as a trusted contact. Print a copy of your insurance card to bring with you on your program.

Additional information on CISI policy and coverage details are available on the [UW Study Abroad website](#) and in the [UW Study Abroad Handbook](#).

Health and Safety

You will receive detailed information about health and safety from the SLU Mobility Team during your program orientation after arrival.

Mental Health

SLU offers assistance with mental health and general well-being at their Student Health Centres at all campuses: <https://student.slu.se/en/study-support/student-health-centre/>.

Emergencies

You can find SLU's university resources in the case of an emergency or incident here: <https://student.slu.se/en/study-support/emergencies-and-incidents/>.

112 is the emergency number in Sweden. You should only call 112 if you are in an emergency situation and need immediate help.

If an emergency arises and you need to speak with a member of UW Study Abroad after working hours or on weekends, you can reach an on-call member of UW Study Abroad at (608) 516-9440. This number is ONLY for emergencies.

Communication

Apps

Generally, it will be cheapest and easiest to communicate with friends and family back home using a communications app such as WhatsApp, Skype, Google Hangouts, etc.

Cell Phones

You can purchase a phone in Sweden with a prepaid phone plan, so you can add money/minutes to your phone as you use it. Be sure to ask local people about the different providers so you can choose the provider that best fits your needs. Another option is to bring your phone from home and purchase an international data plan.

Internet

WiFi is available throughout campus. Find more information here:

<https://student.slu.se/en/study-support/it-support/support/eduroam-and-other-wireless-networks/>.

Making a Phone Call from Sweden to the United States

Sweden's exit code is "00." To call to the U.S. from Sweden, the following format would be used:

- 00-1-XXX-XXX-XXXX

Handling Money Abroad

Currency and Exchange Rates

The Swedish currency is the Swedish Krona. Check the most current exchange rate at

<https://www1.oanda.com/currency/converter/> or <https://www.xe.com/>.

Cash

You should bring some money with you in cash for incidental purchases. You may want to exchange money before you leave or upon arrival at the airport in the Netherlands. Be sure to ask for small bills so you can pay for transportation to Wageningen and your accommodations without needing too much change. If you plan on bringing quite a bit of cash, it would be a good idea to keep it along with your passport in a money belt on your person until you move into your housing.

Credit Cards

Most major credit cards are widely accepted throughout Sweden. You may be asked to show your ID when you use your credit card. Make sure you are aware whether your credit card charges international fees.

ATM/Debit Cards

Cash-machines/ATMs are readily available throughout Sweden. Cash-machines/ATMs are called Bankomat (a blue or black sign with white letters) and you can withdraw money from your bank at home. Be sure to ask your bank about any international charges you may receive from using ATMs abroad or if they have a partnership with a bank in Sweden that will allow you to withdraw cash without incurring fees.

Banks

For students staying in Sweden for less than six months, it is easier to make banking arrangements with your home bank than opening a bank account in Sweden. If you are staying in Sweden for one year or longer, you can apply for a Swedish personal identity number, which makes the process easier.

ADDITIONAL RELEVANT INFORMATION/WEBSITES OF INTEREST

UW Madison International Travel:
<http://internationaltravel.wisc.edu/>

U.S. State Department:
<http://travel.state.gov>

Center for Disease Control
<http://www.cdc.gov/travel/>

Current Exchange Rates
<http://www.oanda.com>

Lonely Planet
<http://www.lonelyplanet.com>

Diversity Climate In-Country

Race and Ethnicity

While Sweden is widely considered one of the more progressive and tolerant countries of the world with laws protecting the civil rights of all peoples, incidents of racism and discrimination still occur. Increased immigration has also led to tensions and instances of xenophobia in some communities. SLU has numerous organizations that focus on the well-being of its students, including [student unions](#) that contain interest-based groups and host events, as well as a [student welfare council](#) at each campus location that provides resources to students and works to improve overall campus climate. Students can report harassment to SLU [here](#) and reach out to their Study Abroad Advisor for assistance.

To hear about the study abroad experiences of students of color, be sure to check out the UW Study Abroad Race and Ethnicity Abroad page: <https://studyabroad.wisc.edu/student-identity/race-and-ethnicity-abroad/> and the individual identity pages on the right side.

Sexual Orientation

Sweden is known to be generally LGBTQ friendly with protective laws, established venues, organizations and events (like Rainbow Mass and Stockholm Pride), and a focus on further increasing inclusivity, but reports of harassment and discrimination do occur. Students can report harassment to SLU [here](#) and reach out to their Study Abroad Advisor for assistance.

[QX](#) is a free monthly magazine/website that has local recommendations for events/venues and information for LGBTQ individuals.

For more information and resources, review the UW Study Abroad LGBTQ identity page: <https://studyabroad.wisc.edu/student-identity/lgbt-students/>.

Disabilities

Sweden provides substantial accommodations for those with physical disabilities, and public areas and transportation are typically very accessible.

SLU provides accommodations for students with physical and nonapparent disabilities including note-taking assistance, sign language interpreters and accommodations for exams, among many others. Students can apply for support using the [online Nais system](#) and will need to submit a doctor's certificate. Students can also meet with a disability coordinator for assistance at any time face-to-face, via Skype or phone by [contacting one directly](#) or emailing ability@slu.se.

For more information and resources: <https://studyabroad.wisc.edu/student-identity/study-abroad-for-students-with-disabilities/>.

Religion

While historically a heavily Christian nation, fewer individuals in Sweden actively practice today Christianity than in the past. There is a small Jewish population and recently, immigration from the Middle East has increased religious diversity in Sweden.

At SLU, students of all faiths can seek out the University Chaplaincy who offer support, host events and can assist with finding congregations/churches in the area. Prayer rooms also can be found on all main campuses.

For more information: <https://studyabroad.wisc.edu/student-identity/religious-diversity-abroad/>.

Women

Female students in Sweden can expect a level of protection and respect similar to that of the U.S. and are encouraged to review the Women Travelers page: <https://studyabroad.wisc.edu/student-identity/women-travelers/>.

Student Testimonials

The testimonial below is compiled from past participant's evaluations; they reflect various students' experiences and are included to provide different perspectives.

General

"Arrive early and familiarize yourself with your host city (buses, grocery stores, bike rental shops, etc)."

"Orientation through SLU is not as formal or one-on-one supportive as UW or common US introductions. There was a single optional meet and greet with other international students and city

tour. The support throughout the semester is similarly not hands-on and there is no study abroad office or counselor. This program really calls for independence and a drive to make to new friends and connections and orient yourself on without direct guidance.”

“There is support from your abroad university because they have had many foreign students and have pretty much had every problem you could possibly have when there. They are a very good resource.”

“I feel much more worldly and now have a different view on the world and how it relates to my life. I used to think that everything I want and need is only in America and never even thought about moving or studying in a foreign country. But now I am very much considering it.”

Health and Safety

“Make friends with your neighbors, always carry your phone and be prepared to record anything. Know how to contact local law enforcement and learn where the problematic neighborhoods are.”

“Make sure you take advantage of Fritidsbanken in town for getting sporting equipment, and make sure you get outside every single day to help with the lack of sunlight. Also start taking Vitamin D as soon as you arrive.”

“For this program, at SLU Alnarp, there is no on-site health service. I think it would be important for students to know that if they are seeking any medical/health service they will need to go off-campus to a public service.”

Housing

Umea: “It was with other students and it was adequate housing, like a dorm.”

Alnarp: “Advantages: live with other international students, full kitchen, living area, and bedroom, right on campus. Living within a mile from the beach was unexpected and really cool!

Disadvantages: the campus is in a rural space at least a 15 min bike ride (30 min walk) from the small town with groceries and health services. The larger city is a 30 min bike ride away. You need a bike if you want to feel connected outside of the campus. Also nothing happens on the campus other than school. “

“Make sure to sign up for housing as soon as you can! They prioritize international students but there is only so much space. Also, if possible, live with as many people as possible (some housing offers 3 per house and others up to 13). The more the better because you'll have a more lively day to day life, be less lonely, learn about so many cultures, and hopefully get to cook and try foods from all over the world!”

“Live in *Flogsta* or *Rackargbergesgatan* or the housing directly north of SLU.”

“Live in *Rackargbergesgatan*.”

“Advantages: independence, proximity to school.”

“Lived with other international students from the same school. It was a really nice place and location. “

“You were put with a whole bunch of college kids so it was easy to socialize and make friends right away.”

Transportation

“Buy a bike or a monthly pass for the buses.”

“Get a bike! Increases feelings of independence.”

Academics

“We had lab components in the courses, and field work was required to collect data which was conducted under the supervision of a mentor. I learned new techniques and gained knowledge to broaden my understanding of forest ecosystems and nutrient cycling.”

“For general biology and botany this program is pretty great. The school is all about natural sciences and all the people I met had similar interests in the regard. This also made making friends easy!”

“Multicultural and interdisciplinary learning environment. Intelligent and friendly professors.”

“In my opinion, the classes themselves were [a bit less demanding] when compared to UW-Madison but I felt like they incorporated labs well.”

“The Swedes are really good with English. Since you take master’s [level] classes you probably won’t meet a ton of Swedes since the master classes are full of people from all around the world (mostly Germany).”

About doing research as part of a class: “It took place in Uppsala and the surrounding areas at local rivers, fields, and forests. It was about 5 days of sampling and 2 weeks of computations and writing for a final paper outlining our work in the field. I learned a lot of environmental sampling and computational skills that I am sure I will use in future classes and work.”

About class structure: “Classes were held in a block structure. Meaning one class at a time for shorter amounts of time.”

Cost

“The housing offered is really affordable compared to living in Madison and food prices are about the same if not cheaper. The biggest expenses I had were transportation and travelling outside of the local area.”

“Take more than you anticipate you will need. Cost of living is very high. You also end up buying more household items than you expect when you move in.”

Life Abroad

“It's going to open your eyes to other career and research options, while providing enough time to explore and socialise without being trapped in a library studying all day. It was really a balanced student lifestyle. Not a huge culture shock, just download google translate Swedish to help with groceries and transportation. Most everyone speaks English so that was never a huge problem.”

“Interestingly this program doesn't offer a lot of exposure to Swedish culture. Living with erasmus students, you will learn about tons of cultures from all over compared to only Sweden. Going out in public almost everyone speaks English and it is easy to get used to the products sold and what is offered. Swedish people are pretty welcoming and you can be involved in community events without worrying about being out of place.”

“Depends on the student and what they are looking for in studying abroad. This program is unique in that you will likely be the only UW student and likely the only American amongst many international students and be required to be extremely independent. Because of the rural setting it can also be very quiet and calm. If that is what you are looking for then this is a great program! If you are looking for something high energy, amongst Americans or academically challenging, then maybe another program is better.”

“...the Swedish people are very generous, they share what they've got... also very timid though and hate public speaking or speaking to strangers, you've got to be the one to make the first move.”

“Swedish people are friendly even though introverted. Don't be afraid to speak to them even if they look unwelcoming.”

“Swedes are more introverted and keep to themselves. However, they are very friendly and helpful if you ask. I wouldn't take their lack of outgoingness as being rude- and make sure to respect their privacy.”

“...everyone spoke very very good English so I had no problem at all.”

“Swedish students were happy to meet exchange students. I became good friends with many Swedish students as well as other exchange students.”