

# DAR ES SALAAM, TANZANIA

NICK VANDERWERKER

**Program:** UW Healthcare in Tanzania, Summer

**Nick's Majors:** Biology; Global Health Certificate

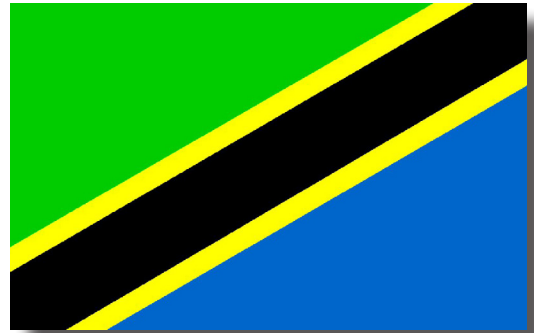
**Academic Life:** There were three components to this program's academic requirements: 1) We were assigned several readings before each of the four meetings that took place during the semester before traveling to Tanzania. 2) All of us wrote a 4-5 page paper on a topic related to Tanzanian society that we later presented to the group during the program. My paper was on the Tanzanian healthcare system and I presented before we had our first hospital visit. 3) We were required to write journal entries that asked us to reflect on our experiences.

**Most Memorable Moments:** Teaching and interacting with the kids, of course!

**Benefits of Study Abroad:** This program helped me define my future goals of working in a pediatric-centered healthcare profession, and broadened my views of being more accepting and understanding of others. Additionally, it has given me more of a desire to "make a difference" in others' lives.

**New Perspectives:** I have learned a ton about myself, which has helped me more cleanly define my future goals. I feel I've become more open-minded, accepting and passionate about helping others. This program definitely was an identity-forming experience for me in which I became more certain that I want to work with children in my future career (among other things).

**Tips for Future Students:** When traveling, you act as an ambassador for America. Therefore, it is important to try to make every interaction with the local community a positive one.



Nick on a rooftop in Zanzibar.

**“I found the people incredibly welcoming, and the food and accommodations quite pleasant.”**



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