

Swedish University of Agricultural Sciences (SLU), Sweden – Fall/AY 2010-11

IAP Program Handbook

This program in Sweden is offered by International Academic Programs (IAP) at the University of Wisconsin-Madison in conjunction with the Swedish University of Agricultural Sciences (SLU). Students may study at any of the four campuses of Alnarp, Skara, Uppsala or Umea. This IAP Program Handbook supplements handbook(s) or materials you receive from SLU as well as the IAP Study Abroad Handbook and provides you with the most up-to-date information and advice available at the time of printing. Changes may occur before your departure or while you are abroad.

Questions about your program abroad (housing options, facilities abroad, etc.) as well as questions relating to your relationship with your host university or academics (e.g. course credit and equivalents, registration deadlines, etc.) should be directed to International Academic Programs at UW-Madison.

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Emergency Contact Information

In case of an emergency, call the main IAP number **(608) 265-6329** between 8:00 a.m.-4:30 p.m. Monday-Friday; after-hours or on weekends call the IAP staff on call at **(608) 516-9440**.

Embassy Registration

All program participants who are U.S. citizens must register at the U.S. Embassy before departure as this will help in case of a lost passport or other mishap. You can register on-line at <https://travelregistration.state.gov>. If you are not a U.S. citizen, register at your home country's embassy or consulate.

U.S. Embassy**Consulate General in Stockholm**

American Citizen Services (ACS)

Dag Hammarskjölds Väg 31

SE-115 89 Stockholm, Sweden

Tel: 46-(0)8-783-5375

Fax: 46-(0)8-783-5480

Email: StockholmWeb@state.gov

U.S. Embassy Homepage: <http://stockholm.usembassy.gov/>

Program Dates

Orientation: August 25 – 29

Fall Semester: August 30 – January 14

Spring Semester: January 17 – June 3

Preparation Before Leaving

Refer to the Pre-Departure Checklist on pages four and five of the IAP Study Abroad Handbook for essential information.

Immigration Documents**Passport**

A passport is needed to travel to Sweden and to obtain your student visa. Apply immediately for a passport if you do not already have one. Passport information and application forms can be found on the U.S. State Department website (<http://travel.state.gov/passport>). If you already have your passport, make sure it will be valid for at least 6 months beyond the length of your stay abroad.

Residence Permit: If you are a citizen of a country that is not a member of the European Union, you must have a residence permit sticker attached to your passport before entering Sweden. If you are a citizen of an EU-country, please contact the Consulate General of Sweden. U.S. citizens will apply for a Sweden Residence Permit with the Consulate General of

Sweden in New York. You are able to work in Sweden with this residence permit and do not need to apply for a separate work permit.

Information about the documents needed to apply for your residence permit can be found at: http://www.swedenabroad.se/pages/general_13470.asp.

The residency permit processing time is approximately two to three months, with longer delays during the summer months because of the large number of applicants. A non-refundable application fee plus return postage for your passport is required. Please check the website for current fees. When you mail these documents, send them via registered mail or a deliver service (i.e.: Federal Express, UPS) to ensure delivery. Make a copy of all of your materials for yourself before you send them.

Handling Money Abroad

The Swedish currency is the kronor, with 1 kronor equaling 100 öre. As of 02/12/10 the exchange rate was \$1 USD to 7.27 SEK (Swedish Kroner).

Banks: To open a local account you will need your passport and your letter of acceptance from the university. You can open an account at Sparbanken, Nordbanken and SE Banken without a national registration number (*personnummer*).

The easiest way to transfer money from abroad is to open a bank account in Sweden and ask the person who sends you the money to deposit it directly into this account. Personal checks from abroad are not cashed at Swedish banks. A bank-to-bank check drawn on a Swedish bank is the best type of check. Travelers' checks are useful especially to cover unexpected expenses.

ATM/Debit cards: Cash-machines/ATMs are called Bankomat (a blue or black sign with white letters) and you can withdraw money from your bank at home. ATMs are readily available in Uppsala and throughout Sweden. Be sure to ask your bank about any international charges you may receive from using ATMs abroad.

Credit cards: Major credit cards are widely accepted throughout Sweden at banks, hotels, stores, restaurants, taxis, and for air, ship or train tickets. Be sure to have an ID with you when using your credit card.

Electronics

Sweden runs on 220V (volts), 50Hz (cycles) AC and uses the "europlug" with two round pins. If you plan on bringing any appliances from the United States, keep in mind that they will require adapters/converters which you should purchase before departure. It may be more convenient and less expensive to purchase appliances in Sweden rather than purchasing the necessary converter/adapters in the United States.

Travel and Arrival Information

Getting to Uppsala

Uppsala is 30-40 minutes from Stockholm and can easily be reached from Stockholm-Arlanda International airport and there are frequent communications from the 3 other international airports in or around Stockholm.

Arrival into Stockholm-Arlanda International Airport, Stockholm

Stockholm-Arlanda International Airport is 42 km north of Stockholm and 31 km south of Uppsala.

- Bus 801 (Arlanda - Uppsala city)
Frequency: 2 buses/hour 04.00-00.00
Journey time: 35 minutes
Cost: 80 SEK, you can buy a ticket from the driver (cash SEK).
- Trains leave Arlanda for Uppsala Central Station directly from Sky City.
Journey time: 15-20 minutes
Cost: 80-90 SEK if purchased in advance. Tickets can be bought from the conductor on board to an additional fee.
Ticket Desk: SJ Resebutik/Travel Office, in Sky City (next to Terminal 5).
- Taxis leave from outside the arrivals hall.
Journey time: 30 minutes
Cost: About 600 SEK - ask the driver for a fixed price (fast pris) in advance, you can pay by credit card or cash.

Getting to Alnarp

Alnarp is situated between Malmö and Lund in the community of Lomma.

By train:

The closest train station is in Åkarp (on the Malmö-Lund-line) walking distance from Alnarp (about 2 km).

Further information, time tables etc: <http://www.skanetrafiken.skane.se>

By bus:

From Malmö Central Station to Alnarp (bus no 133)

From Lund to Lomma (bus no 139)

From Lund to Åkarp (bus no 130)

Further information, time tables etc: <http://www.skanetrafiken.skane.se>

Getting to Umeå

Umeå airport is located 55 minutes air flight from Stockholm, and can easily be reached from Stockholm-Arlanda International airport.

By train:

From Stockholm city the night train will take you north to Umeå where you get off in early morning hour. The Night train traffic is operated by SJ www.sj.se for timetable and reservation, please visit their webpage.

By bus

The bus company Y-bus operate Umeå-Stockholm, and leave from Stockholm city terminal. (next to the Stockholm city railway station) More information (only Swedish) www.ybuss.se. You buy the ticket at the city terminal.

Orientation

Prior to the start of the semester, students receive an orientation to the university, academic information, student activities and an introduction to the city.

The Academic Program

Swedish University of Agricultural Sciences (SLU)

Sveriges lantbruksuniversitet, or the Swedish University of Agricultural Sciences in English, SLU for short, was formed in 1977 when three university colleges, the College of Agriculture, College of Forestry and College of Veterinary Medicine, joined together. SLU has four faculties: Faculty of Landscape Planning, Horticulture and Agricultural Science, Faculty of Natural Resources and Agricultural Sciences, Faculty of Veterinary Medicine and Animal Science and Faculty of Forest Sciences. The university has almost 3,500 full-time students each year. SLU has four main campuses, located in Alnarp in southern Sweden, Skara in south-central Sweden, Uppsala in central Sweden, and Umea in northern Sweden. In addition to these main locations, SLU also carries out teaching and research activities in 25 other locations throughout the country.

“SLU develops the understanding and sustainable use of biological natural resources. This is achieved through research, teaching, environmental monitoring and assessment and information extension.”

-SLU Mission Statement

Swedish Academic System

In the Swedish university system only one subject is studied at a time. Students wanting a degree in Mathematics and Physics, for instance, first study Mathematics for one or two years and then Physics for about the same period of time. Swedish universities utilize a system of credits for studies at undergraduate and graduate levels. One credit corresponds to one week's full-time study (approximately 40 study hours per week, including a varying number of lectures and classes). One academic semester comprises 20 weeks = 20 credits.

Most undergraduate study programs require a minimum of 6 semesters, corresponding to 120 credits. Basic single subject courses are often one-semester courses of 20 credits, although some are shorter. As a full-time student, you can combine short single courses (e.g. 5-credits) to form a study program corresponding to a maximum of 20 credits per semester.

Location

SLU's four main campuses are in Alnarp, Skara, Uppsala and Umea, but the university has teaching and research stations located throughout the country. With about 2,000 students, Ultuna campus in Uppsala is SLU's largest campus and offers the most diverse selection of courses. Uppsala is Sweden's fourth largest city and lies in the heart of Sweden, only 45 minutes from Stockholm. Ultuna campus is about six kilometers from Uppsala's city center. Other SLU campuses include Umea and Wangen in northern Sweden, Skinnskatteberg, Stromsholm and Skara in the central region, and Alnarp and Flyinge in southern Sweden. What courses you want to take while abroad will help you determine which campus is best for you. When registering for courses, be sure to choose classes that are all located on the same campus.

Course Information

SLU has over 250 courses taught in English. The following is a list of SLU campuses and the educational programs available there:

- Ultuna campus in Uppsala: Agriculture, Landscape Architecture, Forestry, Veterinary Medicine, Biotechnology, and Economics and Business Administration with specialization in Natural Resources, single subject courses.
- Alnarp: Landscape Architecture, Horticulture, Landscape Construction and Management, Horticultural Management, Agricultural and Rural Management, single subject courses.
- Umea: Master of Science in Forestry, single subject courses.
- Skara: Food Science, Animal Nursing, Farrier Training, and single subject courses. Additionally, parts of the Master of Science in Veterinary Medicine program are located at Skara.
- Skinnskatteberg: Forest Engineering, single subject courses.
- Flyinge: Horse Management.
- Stromsholm: Horse Management, specializing in Riding Instruction.
- Wangen: Horse Management, specializing in Race Horse Management.

Exams

All courses include written and/or oral exams. If a student fails an exam, or for some reason is not able to be present at the examination, there is usually a re-take about three weeks later and at the beginning of the following semester.

Classes Available

Some courses are always offered in English while others are offered in English if there is an exchange student registered for the class. Some of the courses that are always offered in English include:

- Agro-Forestry and Sustainable Land use in the Tropics -Concepts and Field Methods
- Animal Welfare
- Applied Crop Physiology
- Bioinformatics
- Development Studies - An Introduction
- Ecology of Farming and Food Systems
- Food in Europe
- Horticultural Marketing Management
- Plant Breeding, Genetic Resources and Biotechnology
- Policy and Social Values in the Use of Forests
- Soil Ecology
- Strategies in Sustainable Natural Resources Management- Theory Course
- Sustainable Forest Management, Concept, Modeling and a Case Study
- Tropical Livestock Systems

This is just a sample of the courses that are always offered in English. To search for other classes always offered in English or classes that are offered in English if there is an SLU exchange student among the participants, visit <http://www.slu.se/?id=383> online.

Classroom Culture

Students are encouraged to ask questions and discuss during lectures. Courses are generally very applied; students are required to apply what they have learned in labs and during exams, rather than simply reproducing the exact material presented during lectures. To many international students, the Swedish academic environment may seem very informal. The teachers and other staff members dress casually and have an informal relationship with the students.

Registration

You will complete a registration form listing the courses you would like to take before you leave UW-Madison. You will be formally accepted by the university after you have sent in your registration.

Equivalents and Course Equivalent Request Form (CERF)

Each course you take abroad must be assigned a UW-Madison “equivalent” course in order for your grades and credits to be recorded on your UW-Madison transcript. In order to establish UW-Madison course equivalents for your study abroad courses, you will submit a Course Equivalent Request Form (CERF). Detailed information on the UW course equivalent process is available in the IAP Study Abroad Handbook.

Credits

SLU uses the European Credit Transfer System (ECTS). A full study load for one year is equals 60 ECTS credits and a full study load for one semester equals 30 ECTS credits. The semester is 20 weeks long and is divided into two periods. Most students take 15 credits during each period, with exams at the end of the period. Courses at SLU are usually offered for either 5 or 10 ECTS Credits.

When choosing courses, you must make sure your courses are not offered during the same period. Since each course is full-time during a shorter time-span, you concentrate on one course at a time; in fact, you are not allowed to take more than one course at a time. Note that the number of credits for a course is not equal to the number of hours per week that the course meets, as it is at UW-Madison, but rather is equal to the number of weeks that the course meets full-time.

The credit conversion scale is as follows:

ECTS Credits	UW-Madison Credits
2.5	2
3	2
4	2
5 or 5,5	3
6 or 6,5	3
7 or 7,5	4
8	4
9	5
10	5
12	6
12,5	7
15	8

Pass/Fail/Drop/Audit

Please refer to the IAP Study Abroad Handbook for academic policies.

Grades and Grade Conversions

Grades from SLU will be converted to UW-Madison grades using the following conversion scale. A grade lower than a 3 is a failing grade.

Grade Reported from SLU	Meaning of Grade	UW-Madison Equivalent
5	Pass with Distinction	A
4	Pass with Credit	AB
3	Pass	B

Language Courses

The Swedish University of Agricultural Sciences do not offer any courses of Basic Swedish. You can apply for a Swedish course at Folkuniversitetet (ph 680000 or 680012; e-mail: info.uppsala@folkuniversitetet.se; website: www.folkuniversitetet.se/Uppsala and pay for it yourself. Courses at Folkuniversitetet are offered at different levels.

University Facilities

Libraries

SLU has a well developed network of libraries extending to each of the university's main campuses. SLU's libraries have a national responsibility within the areas of agriculture, forestry, veterinary medicine and nature preservation. Ultuna Library is SLU-Uppsala's biggest library. The library is located in Ultuna, just outside Uppsala. It contains literature relating to agriculture, forestry, veterinary medicine, plant and forest protection, ecology and environmental care, landscape planning, genetics and more. Books from Ultuna Library are generally loaned for 30 days. Electronic copies of several journals are also available. LUKAS is SLU's online library catalog (http://www.lukas.elibdrift.dk/F/?func=file&file_name=find-b&con_lng=eng). LUKAS serves the whole SLU university system, so the books you find in LUKAS may not be available in Ultuna Library. Once you register in LUKAS you can contact the library to get your library card. The library offers copying and printing services, has silent reading areas, study cubicles and group study rooms, and will arrange courses on request (for example, an introduction to the library course). Copying cards to pay for copies can be bought at the information counter and group study rooms can be booked on the library's lower floor. See the price list on the SLU libraries' homepage (given below) for more information on prices for copying and printing. There are public computers in the library, which are intended for information searches.

Ultuna Library hours:

Monday-Thursday 9:00 am - 6:00 pm

Friday 9:00 am - 4:30 pm

Weekends & Holidays Closed

Other departmental libraries located in Uppsala include the Entomology Library, Veterinary Library, Clinical Centre, and National Veterinary Institute Library. Books from the departmental libraries are generally loaned for 14 days and opening hours vary. For more information on SLU libraries in Uppsala and throughout Sweden, visit the libraries' homepage at <http://www.bib.slu.se/bibliotek/eindex.html>.

Computer Labs

Computer halls are available for students at all campuses. The opening hours can vary - some halls are open day and night each day of the week, while others are open during normal office hours.

Cafeterias

Campus restaurants serve lunch every day at reasonable prices (usually around 45 Kronor). The daily specials (dagens rätt) are usually the cheapest option. However, the restaurants only serve meals until 3:00 pm. Many Swedish students cook their own meals in their accommodation's kitchen. This is the most economic option for meals and is convenient since student accommodation is usually on campus.

Collaborative Centers

SLU works with several collaborative centers to fulfill its research and educational goals. Some of these centers include: Biofuel Technology Center (in Umea), Center for Research Ethics, Center for Sustainable Agriculture, Swedish Threatened Species Unit, Uppsala Biomedical Centre, and more. To learn more about SLU's different collaborative centers, visit <http://www.slu.se/?id=180>.

Course Equivalent Requests and My Study Abroad

Each course you take abroad must be assigned a UW-Madison "equivalent" course in order for your grades and credits to be recorded on your UW-Madison transcript. In order to establish UW-Madison course equivalents for your study abroad courses, you will submit a Course Equivalent Requests through your My Study Abroad account. Detailed information on the UW course equivalent process that you will use through your My Study Abroad account is available in the IAP Study Abroad Handbook.

Living Abroad

Sweden

Sweden is situated between the Baltic Sea and the North Sea and is the fifth largest country in Europe. In terms of area, it is similar to Spain, Thailand or the state of California. The distance between the northern tip and the southern tip is nearly 1,600 km (1,000 miles), so the natural features are quite varied. Half of the land surface is covered with forest and less than 10% is farmland. Nearly 100,000 lakes are connected in a lacework of waterways, and many large rivers flow from the mountains in the northwest through the forests to the sea. The mountains in the northwest reach heights of up to 2,100 m (7,000 ft). A long coastline with thousands of islands also contributes to the character of the country.

Sweden is located so far north in Europe that the Arctic Circle slices through the northernmost province of Lapland. However it is not an Arctic country. Thanks to the warm Gulf Stream in the Atlantic, Sweden has a rather mild climate considering its location. The difference between the southern and northern parts of Sweden is marginal during the summer but greater during the other seasons. Northern Sweden is snow-covered at least between December and March/April, while elsewhere it varies from region to region. In the far south it often rains during the winter season.

Swedish belongs to the North Germanic branch of the Germanic languages, together with Danish, Norwegian, Icelandic, and Faroese, and it is the largest of the Nordic languages. Apart from the Swedish speakers living in Sweden today, about 300,000 Finns in Finland and some 300,000 Swedish immigrants in the United States and Canada speak Swedish. English is taught from third grade in school as the second language, and most people speak and understand English. Quite a few Swedes also know a third language, most often German, French, Italian or Spanish.

Sweden has a population of nearly 9 million. About 80% of the inhabitants of Sweden live in cities and urban areas. About 20% of the labor forces work in industry, more than 30% in the public sector and only 4% in agriculture. The central and southern parts of Sweden are the most densely populated areas, but since the country's area is so large the overall density are only 54 inhabitants per square mile (20 per km).

For many years, Sweden was ethnically very homogeneous. One special exception is the Sami people. They are an ethnic and linguistic minority in the north, some of whom still make their living by herding reindeer. During the 1960s and 1970s more than half a million immigrants moved to Sweden to work, mostly from Finland but also from the Balkan countries, Greece, etc. In addition, Sweden has continually received refugees and immigrants from different parts of the world, thus making the Sweden of today a much more multicultural society than it was only 50 years ago.

92% of the population in Sweden belongs to the Church of Sweden www.svenskakyrkan.se, which is Lutheran. The church of Umeå is close to the center of town, and apart from regular services there are usually lots of concerts etc held there. Around 160,000 Catholics are registered in Sweden. Muslims make up the largest single group of non-Christians.

Official Gateway to Sweden www.sweden.se

Study in Sweden www.studyinsweden.se

Uppsala

Uppsala is the capital of Uppsala County (*Uppsala län*) and the fourth largest city of Sweden with 128,409 inhabitants. Located about 70 km north of the capital Stockholm, it is also the seat of the Uppsala municipality (*Uppsala kommun*).

Situated on the fertile Uppsala flatlands of muddy soil, the city features the small Fyris River (Fyrisån) flowing through the landscape surrounded by lush vegetation. This river divides the city into two parts: the historic quarter to the west of the river and the administrative, residential and commercial area to the east. The central park *Stadsskogen* stretches from the south far into town, with opportunities for recreation for many residential areas within walking distance. The most outstanding building in Uppsala is the *Domkyrka* (Uppsala Cathedral), Scandinavia's largest church (118.70m high), which is visible from most parts of town and from the highway.

Only some 70 kilometers or 40 minutes by train from the capital, many Uppsala residents work in Stockholm. The train to Stockholm-Arlanda Airport takes only 17 minutes, rendering the city easily accessible by air.

Alnarp

Alnarp is a village and university campus in Lomma municipality in the southern portion of Sweden. The village has a 40 hectare park with undulating lawns and winding paths. It is home to the largest arboretum in Sweden with 2600 species and varieties of trees and shrubs. The Assortment Garden in the park provides a wealth of ideas for any gardener. The campus grounds accommodate a landscape laboratory, a gardening laboratory, a rehabilitation garden

and many beautiful buildings designed by renowned architects. Alnarp Castle, erected in 1862, is a central landmark of the town.

Skara

Skara is in Western Sweden and is one of the country's oldest cities, founded in AD 988.

Umea

Often described as the capital of northern Sweden, Umeå is one of the fastest growing cities in Sweden. The city lies 700 kilometers north of Stockholm, 600 kilometers south of the Arctic Circle and close enough to the Gulf Stream to feel its benefits. Thus, the climate offers fairly warm summers when the sun hardly sets, and snowy winters ideal for cross-country and downhill skiing. A few hours away by bus there are mountains with challenging skiing in winter and adventurous hiking and canoeing in the summer and autumn. The north of Sweden offers a rich array of unexplored rivers and streams with great fishing, and a beautiful countryside with extensive forests interspersed with farmland.

Umeå is also a center for leisure and pleasure, with a wide and varied range of cultural and sporting activities on offer. The Norrland Opera is known nationwide for its unusual and unconventional performances of classical and modern opera. The town has a very lively jazz and pop music scene, and boasts the world renowned Umeå Jazz Festival and Chamber Music Festival. There are also festivals of Folk Music, Film, Pop music, and a Ballad festival. Several permanent theaters, concerts, cinemas, pubs, and nightclubs, add to the choice of entertainment all the year round.

Umeå City Information www.umea.se/net/

Housing

As an exchange student applying in time you can have housing arranged by SLU. If you want housing arranged you indicate that in the online application form. SLU has rooms for exchange students at four locations: Gälbo, Rackarbergsgatan, Salixvägen and Sernanders väg (specifics below). You can give your housing preference in the application form.

All rooms are furnished, they have shared or private bathroom, shared or private kitchen/kitchenette and shared laundry facilities. If the bathroom is shared there is a washbasin in the room.

You pay the rent per month, the first rent is paid after arrival. The rent always includes electricity, heating and water. There is no deposit you need to pay. Rooms are normally contracted for full months only, the exception is January when we have the shift between autumn and spring term. Then the autumn term student has the contract (and the rent) for the autumn term part of January, and the spring term student has the same for the spring term part of January.

Equipment specifics Basic kitchen equipment is included in the rent at Gälbo and Salixvägen. At Rackarbergsgatan and Sernanders väg there is no kitchen equipment "officially" included, but in a corridor kitchen there is often equipment which has over time become "common goods". At Gälbo and Salixvägen the beds have mattress, quilt and pillow. At Rackarbergsgatan and Sernanders väg the beds have mattress only.

Internet connection is included in the rent at Rackarbergsgatan, Salixvägen and Sernanders väg. At Gälbo you need to pay a fee (ca 200 SEK/month) in addition to the rent if you want internet access. You always need your own computer and an ordinary network cable (cat5).

Gälbo is at [Ultuna campus](#). The corridors have 8 rooms each with a shared kitchen. All rooms have private bathroom. The rent is ca 3700 SEK/month. The housing company is [SUS](#).

Rackarbergsgatan is in [central Uppsala](#). The corridors have 3 – 9 rooms each with a shared kitchen. 6 of the 42 rooms have private bathroom and the rest of the rooms have shared bathroom (washbasin in the room). The rent is 3200-3400 SEK/month for rooms with private bathroom, and 2800-3000 for the other rooms. The housing company is [Studentstaden](#).

[Salixvägen](#) is 3 km west of Ultuna campus. 4 rooms are in doubles (2 students share bathroom and kitchenette). The rest of the rooms are single rooms with private bathroom and private kitchenette. The rent is ca 3600 SEK/month for a single room, and ca 3400 for a room in a double. The housing company is [SUS](#).

Sernanders väg is at the west end of central Uppsala. The corridors have 12 rooms each with a shared kitchen. All rooms have private bathroom. The rent is ca 3100 SEK/month. The housing company is [Heimstaden](#).

In Umeå

You can try to find an apartment by yourself. There are two larger companies who rent out special "student apartments". Below you will find a list over all larger apartment companies in Umeå:

Company	Telephone
AB Bostaden i Umeå, www.bostaden.umea.se	+46 (0)90-17 75 00
BAB Fastigheter, Balticgruppen Bostad AB	+46 (0)90-77 26 10
Brattbyföretagen	+46 (0)70-541 42 43
HSB i Umeå	+46 (0)90-15 38 00
Hörnefors fastighetsägare i samverkan	+46 (0)930-208 80
KFUM:s elevhem	+46 (0)90-12 14 98
Lerstenen Fastighets AB	+46 (0)90-14 25 40
Lumaf AB	+46 (0)90-71 58 00
NCC Fastigheter AB	+46 (0)90-16 80 00
Norrporten	+46 (0)90-70 05 50
Riksbyggen	+46 (0)90-15 96 00
Team Öhman Fastigheter AB	+46 (0)90-77 92 29
Tegs Bostäder AB	+46 (0)70-696 30 77
MaTob AB (Housing for students in Holmsund)	+46 (0)70-582 09 34

Akutrumsförmedlingen (the Emergency Housing Office)

If you don't have any success finding housing by yourself you are welcome to contact Umeå "akutrumsförmedling" for help. "Akutrumsförmedlingen" acts as an intermediary for newly accepted students at Umeå University & SLU and a number of landlords in Umeå. Most of the time, Akutrumsförmedlingen can find lodging in an apartment or a house, perhaps sharing living space with someone else. The distance from the university campus can vary. Sometimes, although it's rare, Akutrumsförmedlingen can find student rooms and small subletted

apartments. The rent is usually between 1500 Skr/month and 3000 Skr/month. Temporary accommodation can also be arranged to student prices at:

- First Camp Umeå, umea@firstcamp.se
- YMCA Hostel, <http://hostel.kfum.nu>

Web: www.akutrum.kfum.nu

Phone: +46 (0)90-18 57 27

E-mail: akutrum@kfum.nu

Järnvägsallén 20, Umeå

In Alnarp

There are student dormitories at the Alnarp campus, in Lomma, Burlöv and in Malmö.

Campus Alnarp

The Campus Area provides about 25 rooms to let. They vary in size and the rent levels are between SEK 1600 and SEK 2800.

Contact: Christina Johansson, Christina.Johansson@adm.slu.se.

Lomma

Lomma is a village situated right by the sea, about 15 minutes walk to Campus Alnarp.

SAS, Stiftelsen Alnarpsbostäder
Björnbärsgatan 1, 234 43 Lomma
Phone +46 40 41 20 84

Lomma, camping and hostel
Campingvägen 1, 234 34 Lomma
Phone +46 40 41 41 94

Burlöv

Burlöv is only some kilometers from Alnarp. They have apartments from 1 room and kitchen and bigger.

Burlövs Bostäder AB, P.O Box 103, SE-232 22 Arlöv.
Visiting address: Dalbyvägen 35
Phone +46 040 539700
Fax: +46 040 432563
E-mail: info@burlovsbostader.se

Student Life

Like all students at any Swedish university, students at SLU have to be members of a students' union. The compulsory membership applies for students in basic educational programs as well as for postgraduate students. At SLU there are eight different student unions and you will be a member of one of them depending on which program you have chosen.

The student unions are organizations driven by students for students. One of the most important responsibilities of the students' union is to represent the members towards the university and the departments and to work in the best interest of the students. Through the students' union

you can make your voice heard so that the content and quality of the education is improved continuously.

The students' unions and its organizations arrange lots of activities, among these are traditional dinners, student plays, all kinds of sport activities, international activities and choirs.

Alnarp Student Union: <http://www.alnarpsstudentkar.se/sidor/english.html>

Skara Student Union: <http://www-skara.slu.se/ssk/index.htm>

Uppsala Student Union: <http://www.ultunastudentkar.se/?p=947&m=417>

Transportation

Getting to/from Campus

Student housing is located very close to campus and most people can walk to class. Bicycles are a very convenient way and probably the best way to get around campus. You can also get to and from campus on the green buses that travel throughout the city.

Bus

The green buses travel within Uppsala and the yellow buses travel throughout Uppsala County. Yellow buses leave from Uppsala bus station. You can buy single trip tickets on board all buses or a variety of season tickets and cards for the city or region, depending on where and how frequently you travel. For more information on tickets and cards, call the public transportation information line when you are in Sweden: 0771-141414

Upptaget

The Upptaget is a great way to travel when going further away from Uppsala. The Upptaget runs from Gavle in the north to Upplands Vasby in the south via Arlanda. The Upptaget departs from Uppsala Central Station. Like the bus, you can buy single trip tickets on board all trains and can also purchase season tickets or cards and discounted rates, depending on where and how often you travel.

Boat

In a country partly surrounded by water and with many lakes connected to each other by rivers, traveling by boat is a great way to travel. You can travel to many other countries and European cities by boat from Sweden.

Health and Safety

Emergency information

Here are some important phone numbers and other contact information should an emergency arise during your stay in Sweden. All numbers are written as they should be dialed from Sweden.

Akademiska sjukhuset (Uppsala University Hospital): 018-611-00-00
SE-751 85 Uppsala

Uppsala Care (Medical Care for Foreigners): 018-611-22-97

Student Health Care Centre: 018-155000

Ovre Slottsgatan 7, SE-753 10 Uppsala

Insurance: Exchange students are covered by "The Swedish State's Insurance for Foreign Students in Sweden". This insurance provides foreign exchange students cover for medical

expenses. It also contains a certain accident cover in form of a fixed amount in conjunction with disability or death, as well as a cover for liability and legal expenses. It applies twenty-four hours a day in Sweden. For more information regarding this insurance, visit www.kammarkollegiet.se/forsakr/villkor/studentineng.pdf

Communication

Telephone: When making calls, keep in mind time zone differences www.timeanddate.com/worldclock. To make an international call to the United States, dial the access code for the country from which you are calling plus the United States country code (always "1") followed by the appropriate U.S. area code and local number. To call internationally from the United States, dial "011", the country code, city access code (if necessary) and the phone number. Country and city codes can be found online www.timeanddate.com/worldclock/dialing.html. Some of above steps can vary if you are using a calling card.

Most public telephones accept Telia phonecards. These cards cost 35, 60 or 100 kr. Many Telia phonebooths also accept credit cards.

Calling to Sweden

International access code: 011

Country code: 46

Uppsala city code: (0)18

To call Sweden from the United States, your family and friends must dial the international access code, followed by Sweden's country code and Uppsala's city code, and finally your phone number: 011 + 46 + 18 + telephone number

Calling from Sweden

International access code: 00

Country code: 1

To call the United States from Sweden, you will need to dial the international access code, the United States' country code, the area code and phone number: 001 + 1 + area code + telephone number.

Calling within Sweden

Please note that when you make calls within Sweden you must include a 0 before the city code: 018 + telephone number. However, the 0 is dropped when friends and family make international calls to Sweden, as shown in B above.

Mobile Phones

Mobile phones are widely used in Sweden. If you decide you want a mobile while studying in Sweden, you do not have to sign a contract and commit to a certain length of time like people generally do here. Prepaid phone plans are available, so you can add money/minutes to your phone as you use it. There are three major mobile phone providers in Sweden: Vodafone, Tele2, and Telia Mobile. Rates vary depending on the time of day you are calling, whether you call a land-line or mobile phone and whether or not you call a mobile with the same provider as your own. If you choose to get a mobile, be sure to ask local people about the different providers so you can choose the provider that best fits your needs and location.

Post Office

Post offices are generally open Monday through Friday, from 9:30 am to 6:00 pm and Saturday, 9:30 am to 1:00 pm. In addition to post offices, similar services can be found in grocery stores, kiosks, gas stations and other shops. Look for the blue postal sign for such services.

Internet

Outside the university, internet is easily accessible at internet cafes in Uppsala and throughout Sweden. Prices vary in internet cafes. You can also access internet in most airports, train stations and hotels although rates tend to be higher than in internet cafes. An internet connection may also be available in your accommodation but it depends on where you live.

Skype

Skype is a convenient and inexpensive way to keep in touch with your friends and family at home. Skype is a free program you can download from the internet (www.skype.com) and use to call people anywhere around the world. To use Skype, all you need is access to a computer with internet and a headset (any sort of microphone and speakers combination). If the person you are talking to also has Skype, talking to each other over Skype is free. You can also use the program to call landline phones or cell phones for a very small fee per minute.

ADDITIONAL RELEVANT INFORMATION/WEBSITES OF INTEREST

U.S. State Department Students Abroad site:

<http://www.studentsabroad.state.gov/>

UW-Madison International Academic Programs

<http://www.studyabroad.wisc.edu>

U.S. State Department:

<http://travel.state.gov>

Center for Disease Control

<http://www.cdc.gov/travel/>

Current exchange rates

<http://www.oanda.com>

Lonely Planet

<http://www.lonelyplanet.com>

Sweden's Official Tourism Site

<http://www.visitsweden.com/sweden/>

Stockholm News (in English) :

<http://www.stockholmnews.com/>

The News Views (Swedish newspaper in English)

<http://www.thenewsviews.com/en/first/news/>